

Nearby restaurants



Bistrots & Brasseries

La Cendrée

In the historic setting of a Capitol residence, with its monumental fireplace, you will dine in a warm atmosphere. COSV Traditional French cuisine is served, and you can sample some regional specialties.



11 Rue des Tourneurs

- Tuesday > Saturday (1) 10:00 - 21:30
- (33) (5) 61 25 76 97
 - €€

12/20 Gault&Millau

Le J'Go

The J'Go is Gascogny in town - a gustative introduction to the native values and identity of people from the department of Gers. Experience the spirit of Southwestern France, playground in which conviviality meets pleasure, and a nice bar.



• 16 Place Victor Hugo

Monday > Sunday 12:00 - 14:30 / 18:30 - 23:00

(33) (5) 61 23 02 03

€€

Brasserie de l'Opéra

This is an absolute must for all those who love the ambiance of a Parisian brasserie: a large, circular zinc bar, black-aproned waiters flitting from table to table, and a warm decor. Nice selection of French and regional cuisine, as well as seafood, on the menu.



1 Place du Capitol

Monday > Sunday O _{12:00} - 14:00 / 19:00 - 22:00

(33) (5) 61 21 37 03

<u></u>

12/20 Gault&Millau

Le Bibent

A magnificent brasserie on the Place du Capitole completely renovated and re-opened by famous French chef Christian Constant. Excellent bistro-style cuisine. Cramped tables, the oldest restaurant in Toulouse.



5 Place du Capitol

- Monday > Sunday 09:00 - 22:15
- **** (33) (6) 48 71 73 65

€€

12.5/20 Gault&Millau

Le Saint-Sauvage

With decorated its warmly ambiance and soft music, this restaurant is a stone's throw from the Capitole and invites you to share a special moment enjoying their specialties.



20 Rue des Salenques

- Tuesday > Saturday 12:00 - 14:00 / 20:00 - 22:00
- (33) (5) 61 23 56 86



13/20 Gault&Millau

Gastronomic restaurants

L'air de famille

With a menu scribbled on a large blackboard, created according to the morning market, this restaurant offers seasonal cuisine where vegetables figure prominently. Another rising chef, full of quality and inventiveness, who learned his trade at Sarran's

Be sure to make a reservation, the place is very much in demand!



6 Rue Jules Chalande

Tuesday > Saturday 12:00 - 14:00 / 20:00 - 22:00



(33) (5) 67 06 54 08



13/20 Gault&Millau

Le Genty Magre

Located in the heart of Toulouse. comfortable COSV and restaurant offers original and refined French gourmet cuisine. Its chef, Romain Brard, combines ancestral recipes modernised vision in a concept of "bistronomie" (a combination of "bistrot" and "gastronomie").



3 Rue Genty Magre

Wednesday > Saturday 12:00 - 13:00 / 19:30 - 21:00

(33) (5) 61 21 38 60



€€

13/20 Gault&Millau

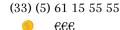
Des Roses et Des Orties

10 km from Toulouse, this place is a restaurant, a cocktail bar, a bakery, and a wine cellar, an authentic living space around gastronomy. The cuisine is original, local, highly creative, and service friendly.



28 Chemin de **Gramont Colomiers**

Monday > Sunday **(**) 09:00 - 22:00



14/20 Gault&Millau

Chez Emile

Located in the heart of old Toulouse on one of its prettiest squares, Emile is renowned for its regional cuisine (their mythic cassoulet) and fine wine list. It is bistro-chic with atmosphere. In the summer, you can dine on the terrace.



13 Place Saint Georges

Tuesday > Saturday 12:00 - 14:00 / 19:30 - 21:00

(33) (5) 61 21 05 56

€€€

12.5/20 Gault&Millau

Les P'tits Fayots

This cosy, elegant restaurant, set out over two floors, offers modern, creative cuisine, with the finest produce from the Gers at its centre. The young head chef brings the place to life with his enthusiasm, busy in his kitchen in full view of the customers. You won't miss a thing...



8 Rue de l'Esquile

Monday 19:00 - 22:00

12:00 - 14:00 / 19:30 - 22:00

(J) Tuesday > Friday

(33) (5) 61 23 20 71



14/20 Gault&Millau

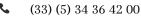
Au Pois Gourmand

Nestled in a beautiful 19thcentury colonial-style house overlooking the Garonne River, the Plazotta family welcomes you to taste their original and modern cuisine prepared using the fragrances and flavours of local produce as well as delicate spices.



13 Rue Emile Heybrard

Monday > Saturday 11:00 - 14:30 / 19:00 - 23:00



€€€

13/20 Gault&Millau

Brasserie du Stade Toulousain

Both casual and elegant, this brasserie is owned by Michel Sarran. Fast service, tasty food, a bistro-style setting enhanced with photos and pictures of rugby stars—it has a well-established tradition of regional specialties.



114 Rue des Troènes

Monday > Friday 12:00 - 14:00 / 20:00 - 22:00

(33) (5) 34 42 24 20



Solides

Opposite the market, restaurant stands out first and foremost for its chef's fine bistro cuisine, which favours short distribution channels. In a bohemian atmosphere, enjoy the house specialty, vol-au-vent with sweetbreads, cockerel crest and chicken sauce, and excellent regional cheeses.



38 Rue des Polinaires

Tuesday 19:30 - 22:00

Wednesday > Saturday 12:00 - 14:00 / 19:30 - 22:00

(33) (5) 61 53 34 88



14/20 Gault&Millau

Starred or distinguished restaurants

Les Jardins de l'Opéra*

Located in an inner courtyard on the Place du Capitole (just behind the Grand Café de l'Opéra), the peaceful atmosphere agrees completely with Stéphane Tournié's cooking. Creative and full of flavour, it emphasises the Southwest region's products with talent.



1 Place du Capitole

Tuesday > Saturday

12:00 - 14:30 / 20:00 - 23:00

(33) (5) 61 23 07 76

€€€

13.5/20 Gault&Millau

Cécile

In the lively, bustling Carmes neighbourhood, a close-knit young team welcomes you to this modern bistro with a large open kitchen and contemporary decor. The short menu is inspired by a real mix of cultures: exotic touches are incorporated into dishes such as Thai duck tartare and farm-reared pork loin with mango and pomegranate.



43 Place des Carmes

Monday > Friday

O 12:00 - 14:00 / 20:00 - 23:00

(33) (5) 34 25 75 65

€€

Michel Sarran*

In a lovely setting with a garden terrace, Michel Sarran is considered the best restaurant in the city. Not only does he have creativity, but above all, he prepares delicious food. Refined dishes, excellent choice of wine, and perfect service, with conviviality and warmth.



21 Bld Armand Duportal

Monday > Friday 12:00 - 13:45 / 20:00 - 21:45

(33) (5) 61 12 32 32

<u></u>● €€€€

17/20 Gault&Millau

Le Cénacle

The cosy atmosphere, with its superb fireplace and reproduction of a painting by Caravaggio, invites you to linger in this Cénacle, and the cuisine is no exception. The chef particularly likes to bring out the best in simple products, and for those on a budget, the lunch menu is perfect!



46 Rue des Couteliers

Tuesday > Saturday 12:00 - 13:15 / 19:30 - 21:15

(33) (5) 67 16 19 99



€€€

14/20 Gault&Millau

Cartouches

It would be impossible to count all the cartridges in the game bag here, between the wine list with a natural slant, the cured meats to nibble, the cut of meat to be shared, and, above all, the simple, flavorful market cooking. There is never a dull moment in the company of Nicolas Brousse and his wife, who treat their clients as if they were old friends.



38 Rue Pierre-Paul Riquet

Monday > Friday 12:00 - 14:00 / 19:30 - 23:00

(33) (5) 61 25 07 07



€€

13/20 Gault&Millau

Le Py-r**

A pleasant welcome in refined surroundings. A balanced menu offering fish and/or meat with unusual vegetables. Nice combination of flavours. As for the decor, you dine in a superb space where white predominates and the walls are hung with eye-catching paintings by contemporary artists.



19 Descente de la Halle aux Poissons

Monday > Friday (J) 19:30 - 00:00



(33) (5) 61 25 51 52



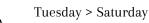
15/20 Gault&Millau

Hedone*

Balthazar Gonzalez has developed an effective concept: just five tables and a single set menu at lunchtime and at dinner, which allows him to give free rein to his creativity. Excellent, even outstanding fresh produce; a preference for vegetables and seafood; explosive flavours with some real show-stopping moments.



3 Impasse Saint-Félix



12:00 - 14:30 / 20:15 - 22:30

\((33) (5) 82 74 60 55

14/20 Gault&Millau



€€€

Une table à deux

Trained in Toulouse, Morgane and Nicolas packed their bags for Korea and Malaysia, in search of new flavours. Back home, they've returned to Les Carmes to delight diners with their playful cuisine, which borrows as much from the Mediterranean as from more tropical climes with remarkable mastery and balance. Excellent value for money, especially at lunchtime.



10 Rue de la Pleau

Monday > Friday 12:00 - 13:15 / 19:30 - 21:00



(33) (5) 61 25 03 51



11,5/20 Gault&Millau

Special diets restaurants



Bloomy Bistronomie Végétale

Sustainable plant-based cuisine in a warm, authentic setting. Offering ever-changing dishes and unique cocktails. Enjoy a culinary journey with globally inspired recipes and an extensive selection of plant-based beverages. Bloomy also provides catering services and can be booked for private events.



38 Rue de la Colombette

(

Tuesday > Saturday 12:00 - 14:00 / 19:00 - 21:30

(33) (5) 32 58 43 57



€€

Sixta

Trendy spot with ethical tea and vegetarian meals from organic, local produce. Inventive weekly menus and 'nap pods'. Sixta focuses on reducing environmental impact, offering a relaxing atmosphere for enjoying healthy and creative vegetarian The ethical tea room complements the experience, making it a haven for eco-conscious diners.



28 Rue de Bayard

Tuesday > Saturday (1)

12:00 - 18:30

(33) (9) 54 52 92 67

€€

Roquette & Julienne

Generous, homemade vegetarian cuisine with seasonal produce. Offering diverse dishes on-site or togo. Founded by Valérie in 2016, this restaurant continually reinvents its recipes to delight your taste buds. Roquette & Julienne also offers catering services, making it perfect for events and gatherings.



18 Pl. des Pradettes

Monday > Saturday (1) 12:00 - 14:00

(33) (5) 61 16 56 08

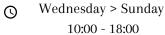
€€

Peacock

Vegetarian canteen in a wellness centre, with local, organic, seasonal ingredients. Offering vegan brunches and eco-friendly options. Peacock reduces food waste by offering discounted prices for end-of-day surplus. Follow their updates on social media to stay informed about their fresh, bio ingredients and special offers.



20 Rue de la Bourse



(33) (9) 88 32 93 89



€€

Flow House

Bio and seasonal soups, quiches, and burgers in line with Biocoop's standards. Offering vegan, vegetarian, gluten-free, and lactose-free options. With a commitment to sustainable and healthy eating, Flow House diverse meals from provides breakfast to dinner, ensuring everyone finds something to enjoy.



4 bis Avenue Frédéric Estèbe

(1)

Monday > Friday 11:00 - 18:00

(33) (5) 61 75 89 63



Ekylibre

Vegetarian restaurant specialising in açai smoothie bowls with fresh fruits and cereals. Offering a range of bio juices and nutritious dishes. The focus on fresh fruits and vegetables introduces customers to healthier and more delightful ways of eating. Ekylibre aims to boost your vitality with every bite.



19 Pl. Saint-Georges

(1)

Monday > Saturday 09:30 - 18:00

(33) (5) 34 33 88 41



€€

La Belle Verte

Delicious vegan, bio, and local cuisine with a zero-waste goal. Features a tasting menu and an inviting tea room. Inspired by the film 'La Belle Verte', the restaurant promotes sustainability and health. Enjoy their comprehensive tasting menu, or use their catering service for a zero-waste event.



50 Rue d'Aubuisson

Tuesday > Sunday 12:00 - 13:30 / 19:00 - 21:30

(33) (5) 61 62 73 42



€€

Une table à deux

Convivial café offering 100% vegan dishes, with a range of hot drinks and sweet and savoury treats. Includes a small vegan grocery section. Founded by two women, Brûlé highlights their culinary expertise and commitment to veganism. Perfect for brunch or a casual lunch, with high-quality vegan products available for purchase.



12 Rue Alexandre Fourtanier

Wednesday > Sunday 09:00 - 18:00

(33) (9) 88 44 78 94



€€

Atypical places & International food

El Dayaa

This restaurant is the ideal place to discover tasty, original, and traditionally prepared Lebanese specialties. From hummus to shawarma, it offers you a culinary trip to Lebanon.

23 Boulevard Lascrosses

12:00 - 23:30

(33) (5) 61 12 22 00

8 Esplanade

Compans Caffarelli

from the Congress Centre.

(33) (5) 62 30 80 14

Monday > Saturday

€

Monday > Sunday (3)

11:30 - 14:00 / 18:30 - 22:00

€

Le Mami-Wata

This restaurant offers the best African and West-Indian food with exotic flavors. Mami Wata attracts a loyal and eclectic clientele of different nationalities and from all walks of life.



25 Rue Heliot

4 (33) (5) 61 62 77 04

Monday > Thursday 19:00 - 23:50

Friday> Saturday 19:00 - 01:00

Dans le noir?

Yoko Sushi

You're fond of sushi, makis, and sashimi? Have a delicious

Japanese experience at Yoko Sushi, located just a step

Dans le noir? restaurant offers all over the world the opportunity to taste gourmet, creative, and seasonal cuisine in complete darkness, accompanied and served by unexpected guides.

84 Allée Jean Jaures Pullman 📞 (33) (5) 61 10 23 21

Thursday > Saturday 19:30 - 23:00

€€



Bars

Le caribe bar

Mojitos, caïpirinhas, and excellent tropical cocktails. Latino and Cuban music. Concert on Thursday night. Good atmosphere.



12 Place Victor Hugo

18:00 - 02:00

(33) (5) 61 22 48 99

Tuesday > Sunday

(33) (5) 61 21 80 92

Le Glou Café

Good and various tapas, strong cocktails, "rhums arrangés" from Reunion Island, a terrace, and music from the Antilles.

36 Boulevard de Strasbourg

Tuesday > Friday 10:00 - 01:30

Saturday 10:00 - 02:30

L'envol Côté Plage

Bar on the beach. Ideal location to enjoy a cocktail at sunset.



🖰 32 Avenue Jean René Lagasse

Everyday 12:00 - 15:00

(33) (5) 31 61 56 12

(3) 19:00 - 02:00

Le Saint des Seins

This bar specialises in concerts and DJs and can accommodate 200 people.

9 5 Place Saint-Pierre

()

Monday > Sunday 16:00 - 02:00

(33) (5) 61 22 11 39

V&B

Just in front of the Congress Centre, come and discover hundreds of wines, beers, whiskies, and spirits from all around the world, accompanied by delicious tapas.



9 5 Esplanade Compans Caffarelli

(33) (5) 61 13 38 06

Monday > Saturday 10:00-21:00

Le Bar Basque

In the heart of downtown Toulouse, Le Bar Basque has been an emblematic place on Saint-Pierre Square for more than thirty years.



7 Place Saint-Pierre

Tuesday > Saturday

(33) (5) 61 21 55 64

16:30 > 00:00