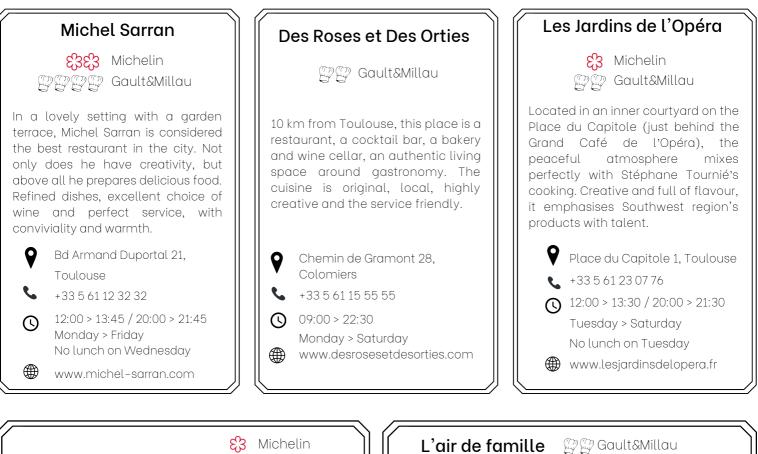


🔎 Gourmet cuisine – Cuisine gastronomique

It is highly recommended to book in advance.



www.lairdefamilletoulouse.wordpress.com



www.restaurantenmarge.com



🦉 Gourmet cuisine – Cuisine gastronomique

Au pois gourmand

💯 💯 Gault&Millau

Nestled in a beautiful 19th Century colonial style house, overlooking the Garonne River, the Plazotta family welcomes you to taste their original and modern cuisine prepared using the fragrances and flavours of local produce as well as delicate spices.



- 12:00 > 13:30 / 19:15 > 21:30 Monday > Friday
- www.pois-gourmand.com

Le Genty Magre

🕮 🛱 Gault&Millau

Located in the heart of Toulouse, and comfortable this COSV restaurant offers an original and refined French gourmet cuisine. Its chef Romain Brard combines ancestral recipes with a modernised vision, in a concept of "bistronomie" (combination of "bistrot" and "gastronomie").



Rue Genty Magre 3, Toulouse

+33 5 61 21 38 60

() 12:00 > 13:30 / 19:30 > 21:30 Wednesday > Saturday

www.legentymagre.com



Located in the heart of old Toulouse on one of its prettiest squares, Emile is renowned for its regional cuisine (their mythic cassoulet) and fine wine list. It is a Bistro Chic with a cosy atmosphere. In the summer. you can dine on the terrace.

9	Place Saint Georges 13, Toulouse
٩,	+33 5 61 21 05 56

(12:00 > 14:00 / 19:30 > 21:45 Tuesday > Saturday

www.restaurant-emile.com

Le Mas de Dardagna

PP Gault&Millau

This bucolic, rural place, nestling in a little valley just 10 minutes from the city centre, has been nicely restored. Fabrice Joffre offers you a varied cuisine, based on quality produce. Haute cuisine at an affordable price.

- Chemin de Dardagna 1, Ranqueil +33561140980
- 12:00 > 13:45 / 20:00 > 21:45 ᢉ Monday > Friday
 - www.masdedardaana.com

Brasserie du Stade Toulousain

Both casual and elegant, this brasserie is owned by Michel Sarran. Fast service, tasty food, bistro-style setting enhanced with photos and pictures of rugby stars, it has a wellestablished tradition of regional specialities.

Rue des Troènes 114, Toulouse

+33 5 34 42 24 20

12:00 > 14:00 / 20:00 > 22:00 Tuesday > Thursday No dinner on Monday & Friday

🗰 www.brasserie.stadetoulousain.fr



Pleasant welcome in refined Balanced surroundinas. menu offering fish and/or meat with vegetables. unusual Nice combination of flavours.





🔎 Fine cuisine – Cuisine gourmande

Le Bibent

🖗 Gault&Millau

A magnificent brasserie on the Place du Capitole completely renovated and recently reopened by famous French chef Christian Constant. Excellent bistro-style cuisine. Cramped tables.

Place du Capitole 5, Toulouse

+33648717365

() 08:00 > 02:00 Monday > Sunday

www.lebibent.com

Brasserie Le Capoul

In the great tradition of the French brasserie, Le Capoul has been here for a hundred years. The menu is changed three times a year but retains all its specialities.



+33 5 61 21 08 27

(08:00 > 23:00 Monday > Sunday

www.capoul.com

Brasserie Les Beaux Arts

This early-1900s brasserie has an authentic Art Deco interior. The cuisine will excite your taste buds with the well-prepared seafood, meats and fine fish, as well as regional specialities.

- Quai de la Daurade 1, Toulouse
- **\$** +33 5 61 21 12 12

O 12:00 > 14:30 / 19:00 > 22:30 Monday > Sunday

www.brasserielesbeauxarts.com

En Pleine Nature

Hichelin BBB Gault&Millau

Situated 10 minutes outside of Toulouse, this simply decorated restaurant with its open space kitchen, is run by chef Sylvain Joffre for whom cuisine and nature are closely linked. The menu is a surprise based on market and seasonal produce.

- Place de la Mairie 6, Quint Fonsegrives
 +33 5 61 45 42 12
- (b) 12:00 > 13:30 / 20:00 > 21:30 Tuesday > Friday
- www.en-pleine-nature.com

Brasserie de l'Opéra

🙄 Gault&Millau

This is an absolute must for all those who love the ambiance of a Parisian brasserie: a large, circular zinc bar, black-aproned waiters flitting from table to table, and a warm decor. Nice selection of French and regional cuisine, as well as seafood, on the menu.

- Place du Capitole 1, Toulouse
- +33 5 61 21 37 03
- O 12:00 > 14:00 / 19:00 > 22:00 Monday > Sunday
- www.brasserieopera.com

Located in front of the Halles, this brasserie serves decent cuisine with a classic menu of fashionable and bistro-style dishes such as sushi and

La Gourmandine

💯 Gault&Millau

Place Victor Hugo 17, Toulouse

+33 5 61 22 78 84

plancha.

(C) 12:00 > 14:00 / 19:15 > 22:00 Tuesday > Saturday

www.lagourmandinecotemarche.fr



Fine cuisine – Cuisine gourmande

Mille et une Pâtes

Located near the most beautiful sauare in Toulouse. this Italian restaurant offers a large selection of homemade pasta in a pleasant and friendly atmosphere.

Rue Mirepoix 1 bis, Toulouse

+33 5 61 21 97 83

() 12:00 > 14:00 / 19:00 > 22:00 Monday > Friday

🗰 www.1001-pates.com

Burger'N'Co

Located just a step away from the Congress Center, this restaurant will make you enjoy tasty burgers (including veggies) in a rock'n'roll atmosphere.



+33757919262



www.burgernco.fr

Le	Pic	Saint-Loup	
	~		

🖗 Gault&Millau

The chef proposes a seasonal menu that insists on the use of local products sourced from artisans and local producers.

- 🕈 Rue Saint-Léon 7, Toulouse
- **•** +33 5 61 53 81 51
- 12:00 > 14:00 / 19:30 > 22:00 Tuesday > Saturday
- www.restaurantlepicsaintloup.com

El Dayaa

This restaurant is the ideal place to discover tasty, original and traditionally prepared Lebanese specialties. From hummus to shawarma, it offers you a culinary trip to Lebanon.



+33 5 61 12 22 00

12:00 > 00:00 Monday > Saturday

www.eldayaa-toulouse.fr



With its warmly decorated ambiance and soft music, this restaurant is a stone's throw from the Capitole and invites you to share a special moment enjoying their specialities.

Rue des Salenques 20, Toulouse

+33 5 61 23 56 86

12:00 > 14:00 / 20:00 > 22:00 🕓 Tuesday > Friday

Yoko Sushi

You're fond of sushis, makis and sashimis? Have a delicious Japanese experience at Yoko Sushi, located just a step away from the Congress Center.



+33 5 62 30 80 14

🏶 www.yokosushi.fr

() 11:30 > 14:00 / 18:30 > 22:00 Monday > Saturday



💥 Regional cuisine – Cuisine régionale



💯 Gault&Millau

In the historic setting of a Capitol residence, with its monumental fireplace, you will dine in a warm and cosy atmosphere. Traditional French cuisine is served and you can sample some regional specialities.

Le caribe bar

Mojito, caïpirinha and excellent tropical cocktails. Latino &

Cuban music. Concert on Thursday night. Good

L'envol Côté Plage

Bar on the beach. Ideal location to enjoy a cocktail at

Avenue Jean René Lagasse 32, Balma

Place Victor Hugo 12, Toulouse

+33 5 31 61 56 12

L +33 5 61 22 48 99

9 Toulouse +33 5 61 25 76 97

atmosphere.

sunset.

- Rue des tourneurs, 11 (12:00 > 14:00 / 19:30 > 21:30 Tuesday > Saturday
 - ∰ www.lacendree.com

Le J'Go 💯 Gault&Millau The J'Go is Gascogny in town - a gustative initiation

to the native values and identity of people from the department of Gers. Experience the spirit of Southwestern France, a playground in which conviviality meets pleasure, and nice bar.

- Place Victor Hugo 16, Toulouse +33561230203
- **(**) 12:00 > 14:30 / 19:00 > 23:30 Monday > Friday
- www.lejgo.com



Le Glou Café

Good and various tapas, strong cocktails, "rhums arrangés" from Reunion Island, terrace, music from the Antilles.

Boulevard de Strasbourg 36, Toulouse

+33 5 61 21 80 92

Le Saint des Seins

This bar is specialised in concerts & DJs and can welcome 200 people.

Place Saint-Pierre 5

+33 5 61 22 11 39

